

#### Overview

This guide was created by Lumenus Community Services' Youth Harm Reduction Team to serve as a resource for young people who use substances, as well as, their loved ones and service providers. This material was made with the understanding that all young people who use substances are unique and will need different types of services depending on their individual social locations, experiences and personal goals. During the creation of this guide, it was recognized that many agencies offer multiple options for services related to substance use. Therefore, to categorize the resources based on specific types of services would be too limiting and not allow for the diversity of possible services that are available to young people. As a result, this guide was designed for individuals to be able to navigate services through the identification of icons associated with the type of service that is desired.

While the information in the guide was up-to-date at the time of its most recent review (June 2020), due to possible changes in program times, locations, delivery method and/or availability, it is important that individuals seeking services at the below agencies contact their desired service provider prior to attempting to access a service.

If you are a service provider and the services that you/your agency offer have changed - please reach out to Jordana Rovet at jrovet@lumenus.ca or 416-482-0081 ext.7270 and we are more than happy to update this list.



40 Orchard View Blvd. #255 Toronto, ON, M4R 1B9 www.lumenus.ca

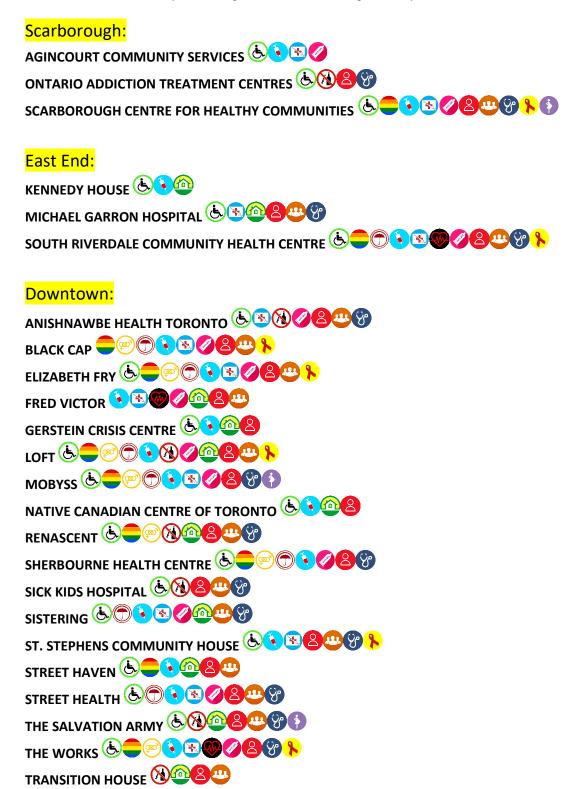
### **Resource Legend**

ICON	MEANING	ICON	MEANING
(F)	Wheelchair Accessible	and a second	Sexual Health Support/ Safe Sex Supplies Distribution
	2SLGBTQ+ Friendly*		Residential (incl. Emergency and Longer-Term Shelters, Group Homes)
(EXE)	Trans-Friendly*	00	Individual Counselling
	Sex Work-Positive*	3	Group or Family Counselling
	Harm Reduction Practicing/Approach	رگی	Medical Care/Support
***	Harm Reduction Supply Distribution	1	HIV Prevention and Support Services
	Abstinence-Based Substance-Free Environment	\$	Young Parents and Pregnant Individuals
	Supervised Consumption Site		

**NOTE:** The organizations with the above markers are known to be exceptionally knowledgeable and experienced in working with these populations. However, individual experiences may differ depending on the program accessed, staff member or team, as well as an individual's unique identity/ies. In spite of the intention to identify safe agencies for particular populations, it's important to note that safety and/or comfort cannot be ensured. The above designations are based on individual lived experiences of accessing these services and are not always generalizable to experiences with an agency as a whole. If your agency is listed (or not listed) here and you disagree with your designated icons, please feel free to reach out and let us know why your designation should be changed.

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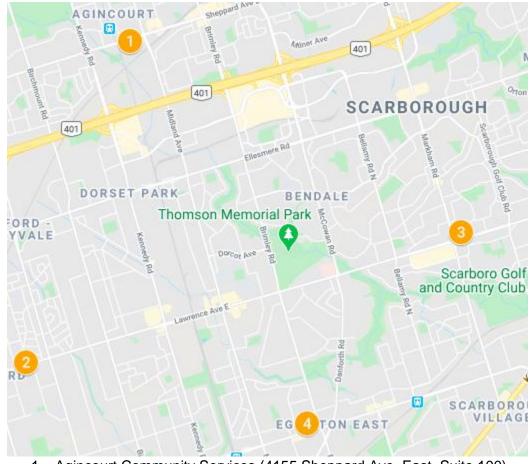
Please click on any of the organizations below to go directly to their section in the document.





HORIZONS FOR YOUTH STEED CENTRE STEED CENTRE

# **SCARBOROUGH**



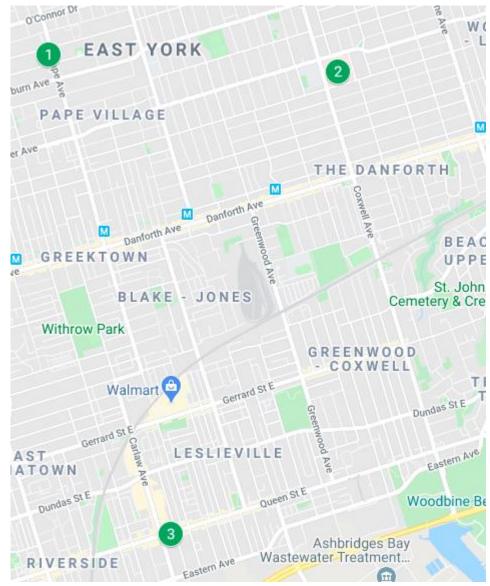
- 1. Agincourt Community Services (4155 Sheppard Ave. East. Suite 100)
- 2. Ontario Addiction Treatment Centre (1950 Lawrence Ave East)
- 3. Scarborough Centre for Healthy Communities (629 Markham Rd.)
- 4. Scarborough Centre for Healthy Communities (2660 Eglinton Ave. E.)

Agency	AGINCOURT COMMUNITY SERVICES	
Address	4155 Sheppard Ave. East. Suite 100 Toronto, ON M1S 1T4	( <b>/E</b> _\)
Phone	416-321-6912	
Email	4155reception@agincourtcommunityservices.com	
Website	www.agincourtcommunityservices.com	
Programs & Services	<ul> <li>The FIX (Scarborough Harm Reduction Services)</li> <li>Provides harm reduction information and workshops</li> <li>Offers substance use consultations and service referrals</li> <li>Access harm reduction kits and supplies</li> <li>Onsite Naloxone training and kit distribution</li> </ul>	
	Mobile Outreach	

Eligibility  Contact	Delivers harm reduction materials and support throughout its catchment area (entire Scarborough area and parts of North York)  Young adults, 18+  Catchment Area: Steeles Ave E (north) to Lawrence Ave E (south), Victoria Park Ave (west) to Markham Rd (east)  Harm Reduction Program - 647-459-6912	The state of the s
	mrahema@agincourtcommunityservices.com	
Agency	ONTARIO ADDICTION TREATMENT CENTRES	
Address	1194 Queen Street West, Toronto, ON  1950 Lawrence Ave East, Toronto, ON  1111 Finch Ave West, Toronto, ON	( <u>E</u> )
Phone	905-773-3884	
Email	info@oatc.ca	
Website	www.oatc.ca	
Programs & Services	Opioid Agonist Program (Monday + Thursday 9am-1pm)  Methadone and Suboxone maintenance programs  Daily doses  Addiction counselling Regular medical follow-ups Post-methadone treatment (relapse prevention)  Access to multidisciplinary treatment team	© 05°
Eligibility	Intake interview required.	
Contact	Bloor Street Site- 647-748-6282	
Agency	SCARBOROUGH CENTRE FOR HEALTHY COMMUNITIES	
Address	Multiple locations throughout Scarborough. Sites with Harm Reduction supplies/services:  - 629 Markham Rd., Toronto, ON M1H 2A4  - 2660 Eglinton Ave. E., Toronto, ON M1K 2S3	
Phone	(416) 642 9445	
Email	info@schcontario.ca	
Website	www.schcontario.ca	
Programs & Services	Primary and specialized healthcare	

	<ul> <li>HIV testing</li> <li>Onsite harm reduction worker who provides substance use related support</li> </ul>	antings
Eligibility	Varies by programme	0
Contact	629 Markham Rd. Site - (416)-284-1964 2660 Eglinton Ave. E. Site - (416)-261-1896	

## **EAST END**



- Kennedy House (1076 Pape Ave.)
   Michael Garron Hospital (825 Coxwell Ave.)
- 3. South Riverdale Community Health Centre (955 Queen Street E.)

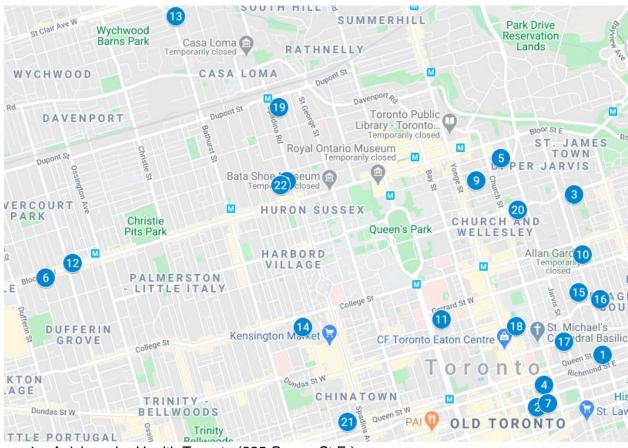
Agency	KENNEDY HOUSE
Address	404-10 Milner Business Court, Toronto, ON, M1B 3C6
Phone	416-299-3157
Email	N/A
Website	www.khys.org AND www.kennedyhouseyouthshelter.com
Programs & Services	Youth Shelter

Eligibility Contact	<ul> <li>40 bed facility located at 1076 Pape Avenue in East York, Toronto</li> <li>Provides a safe living environment for youth ages 16-24 who have complex needs and are experiencing homelessness</li> <li>Offers programming that helps access jobs, permanent housing, clothing and other supplies</li> <li>16-24 years old, experiencing homelessness</li> <li>For a shelter bed - 416-421-7776.</li> </ul>	
Ageney	MICHAEL CARRON LIOCRITAL	
Agency	MICHAEL GARRON HOSPITAL	( <u>i</u>
Address	825 Coxwell Ave, Toronto, ON, M4C 3E7	
Phone	416- 461-8272	
Email	ptrep@tegh.on.ca	
Website	www.tegh.on.ca	
Programs & Services	Residential Withdrawal Management  30 bed crisis intervention facility Information on stages of withdrawal Life skills groups Goal plan coaching Assessment and referrals for treatment  Day Withdrawal Programs Education on the stages of withdrawal, symptoms and coping strategies Auricular acupuncture Life skills development Relaxation therapy Case management Referrals to treatment programs  Community Withdrawal Services Service intended for those unable to access residential or day programs Individual counselling Aid in stress management and relapse prevention Support and educate family members and/or significant others	
	The Aboriginal Healing Program (Monday-Friday 9:30-3pm)  Individual and family healing (counselling)  Sharing/talking circles  Goal planning	

	Approach grounded within Aboriginal teachings	
	Cultural Ceremonies	
	No wait lists!	
	1 The Hall lists.	
	Residential Withdrawal Management- Men aged 16+	
Eligibility	Eligibility varies for other services	
	Residential Withdrawal Management- Central Access 1-866-366-	
	9513.	
Contact	Day Treatment Programs- 416-461-2010	
	Community Withdrawal Services- 416-461-2189	
	Aboriginal Healing Program- 416-923-0800- 2 College Street, Room 116, Toronto, Ontario M5G 1K3	
	2 College Street, Room 116, Toronto, Ontario M3G 1R3	
Agency	SOUTH RIVERDALE COMMUNITY HEALTH CENTRE	
	955 Queen Street East Toronto, ON M4M 3P3	( <b>E</b> )
	(416) 461-1925	
Email	srchc@srchc.com	
Website	www.srchc.ca	
Programs & Services	<ul> <li>Offers harm and risk reduction information</li> <li>Individual counselling</li> <li>Case management</li> <li>Support accessing basic needs</li> <li>Provides harm reduction and safe sex materials</li> <li>Fixed site available for drop-in services (9am-5pm)</li> <li>Hepatitis C Program <ul> <li>Holistic and harm reduction framework</li> <li>Group counselling</li> <li>Community support</li> </ul> </li> <li>Mobile Outreach <ul> <li>Delivers harm reduction materials anywhere within catchment area</li> </ul> </li> <li>Outreach Clinic <ul> <li>Doctors, nurses and other health care professionals serving patients who have difficulty accessing health care</li> </ul> </li> </ul>	
Eligibility	Catchment Area- Clients must live between the Don River and Victoria Park, west to east, and Lake Ontario to Eglinton Avenue, south to north.	
Contact	Mobile Outreach- 416-451-1951	



### **DOWNTOWN**



- 1. Anishnawbe Health Toronto (225 Queen St E.)
- 2. Black CAP (20 Victoria St.)
- 3. Elizabeth Fry (215 Wellesley Street E.)
- 4. Fred Victor (36 Lombard Street)
- 5. Gerstein Crisis Centre (100 Charles St E.)
- 6. Gerstein Crisis Centre (1045 Bloor St W.)
- 7. LOFT (15 Toronto Street)
- 8. Native Canadian Centre of Toronto (16 Spadina Road)
- 9. Renascent (38 Isabella Street)
- 10. Sherbourne Health Centre (333 Sherbourne Street)
- 11. Sick Kids Hospital (555 University Avenue)
- 12. Sistering (962 Bloor St West)
- 13. St. Stephen's Community House (1415 Bathurst St)
- 14. St. Stephen's Community House (260 Augusta Ave)
- 15. Street Haven (87 Pembroke Street)
- 16. Street Health (338 Dundas Street East)
- 17. The Salvation Army (160 Jarvis St)
- 18. The Works (277 Victoria St)
- 19. Transition House (162 Madison Ave)
- 20. Turning Point Youth Services (95 Wellesley Street East)
- 21. YMCA Substance Use Program (7 Vanauley Street)
- 22. YMCA Sprott House (21 Walmer Road)

Agency	ANISHNAWBE HEALTH TORONTO	
Address	225 Queen St E, Toronto, ON M5A 1S4	
Phone	416-360-0486	
Email	info@aht.ca	
Website	www.aht.ca	
Programs & Services	Aboriginal Mental Health & Addiction Program	
Eligibility	Ages 16+ and Indigenous	
Contact	24/7 Crisis Management Service - 416-891-8606	3
Agency	DI ACK CAD	
Address	BLACK CAP  20 Victoria St. Toronto, ON M5C 2N8 (4th floor)	
Phone	416 977-9955	
Email	info@black-cap.com	
Website	www.blackcap.ca	(œ)
Programs & Services	<ul> <li>Harm Reduction Program</li> <li>Education workshops on substance use and use related issues such as criminal justice system, drug dealing and dependence</li> <li>Bi-monthly drop in for substance users to discuss community issues such as racism, conflict with police</li> <li>Needle exchange and crack kit distribution</li> <li>Weekly outreach to distribute safer sex and drug use supplies</li> <li>Harm Reduction Drop-In</li> <li>Discuss substance use and community related issues in a social environment with peers</li> </ul>	

	<ul> <li>HIV Support Program</li> <li>Individual counselling</li> <li>Assistance navigating social and health services</li> <li>Community support (accompaniment to appointments)</li> <li>Monthly groups and workshops</li> <li>Prevention Program</li> <li>Offers workshops aimed to reduce HIV-related stigma</li> <li>Delivers programs such as the Healthy Relationships program for HIV positive youth and the Youth Support Group for HIV positive and affected youth</li> </ul>	September 1
Eligibility	Ages 16+ and Black, African and Caribbean individuals.	
Contact	Harm Reduction Program - 416-977-9955 ext. 256 Harm Reduction Drop-In - (416) 977-9955 ext. 258 Support Program - 416-977-9955 ext. 264 Prevention Program - 416-977-9955 ext. 228	
Agency	ELIZABETH FRY	
Address	215 Wellesley Street East Toronto ON M4X 1G1	ੁ((ਙ੍ਨ)
Phone	416-924-3708	
Email	info@efrytoronto.org	
Website	www.efrytoronto.org	
Programs & Services	Community Services (Monday-Friday 8:30am-4:30pm)  Individual counselling  Non-judgmental, harm reduction and sex-positive  Group counselling for women on probation  Client advocacy  Trauma and domestic violence support  Client-centered approach  Work Safe  Legal, health and support services  Providing HIV, Hep C, and STI information  Harm reduction supplies  Individual counselling	
Eligibility	Work Safe - Women involved in the sex trade	
Contact	Community Services- CGCservices@efrytoronto.org Work Safe- worksafe@efrytoronto.org	gritude

Agency	FRED VICTOR	
Address	36 Lombard Street, Suite 300, Toronto, Ontario M5C 2X3	
Phone	416-364-8228	
Email	N/A	
Website	https://www.fredvictor.org/ Consumption and Treatment Service	
Programs & Services	<ul> <li>A safer place for people who use injectable drugs to do so under the supervision of trained staff.</li> <li>Provides sterile injection supplies</li> <li>Education on overdose prevention</li> <li>Intervention health counselling</li> <li>Referrals to services such as drug treatment, housing and income support.</li> <li>Mental Health and Justice</li> <li>Accompany people to court</li> <li>Connect them to shelters and safe beds</li> <li>Offer basic items such as food and clothing</li> <li>Get people new I.D., healthcare, income supports and legal help</li> <li>Assist people with addictions using harm reduction methods or directing them to withdrawal management services</li> <li>Access to a mental health court worker</li> <li>Concurrent Disorders Support Services</li> <li>Provides support to youth 16-24 with complex substance use and mental health needs</li> <li>Open House Drop-In</li> <li>Answers questions about other Fred Victor programs and</li> </ul>	

	<ul> <li>Facilitates creative, active and empowering social/recreational programs</li> <li>Provides referrals to doctors, dentists, legal help, training programs and employment opportunities</li> <li>Offers gently-used clothing from our clothing room</li> <li>Promotes partnerships with other organizations that can assist with replacing I.D., opening bank accounts, applying for income supports, filing income tax, getting prescription eye glasses and more</li> </ul>	
	<ul> <li>Women's 24/7 Drop-In</li> <li>Get referrals to doctors, dentists, legal aid and other services</li> <li>Participate in exercise, arts and crafts, and other social recreational programming</li> <li>Access to seniors services</li> <li>Use laundry and shower facilities</li> <li>Go on the occasional organized trip or outing</li> </ul>	
	<ul> <li>Fred Victor operates 6 different housing services for those who are marginally housed and/or experiencing homelessness in Toronto.</li> <li>Services include:         <ul> <li>Emergency shelters</li> <li>Transitional housing</li> <li>Affordable housing</li> <li>An emergency respite centre</li> <li>Daily living support</li> <li>Housing Access Support Services</li> </ul> </li> </ul>	
Eligibility	Dependent on program	
Contact	NOTE: Fred Victor works out of many locations in Downtown Toronto, with several phone numbers.  Safe Injection Site - 416-364-8228 ext 3380 Open House Drop-In - 416-364-8228 ext 3318 Women's 24/7 Drop-In - 416-392-9292	
Agency	GERSTEIN CRISIS CENTRE	
Address	100 Charles St E, Toronto, ON M4Y 1V3 1045 Bloor St W, Toronto, ON M6H 1M4	(5)
Phone	(416) 929-0149 (Charles St. E.) (416) 604-2337 (Bloor St. W.)	
Email	admin@gersteincentre.org gersteinonbloor@gersteincentre.org	

Website	gersteincentre.org	
Programs & Services	24-hour community-based crisis services for individuals 16+ in the City of Toronto who are dealing with mental health, concurrent, or substance use issues and are currently in crisis.  Telephone Crisis Line  Crisis Workers are available 24-hours a day, 7 days a week.  Addresses immediate difficulties and connects individuals to services that can offer ongoing support.  Self-referral encouraged. Service providers may also make referrals by calling the referral line.  Mobile Crisis Team  Will meet people where they call from or at a safe agreed-upon location in the community. Downtown Toronto catchment area.  Gerstein on Charles (Crisis Beds)  10 crisis beds are available for short stays of 3-5 days. These beds are accessed through the crisis line following a mobile crisis visit.  Gerstein on Bloor  14 beds are available and offer up to 30 day stays:  9 are Mental Health and Justice Short Term Residential Crisis beds (referral only).  5 are for homeless women experiencing mental health crises. (self and service provider referral)  Substance Use Crisis Team  Responds to crisis calls and provides follow-up for up to 30 days with individuals who are dealing with a crisis involving substance use.  6 Concurrent Crisis Beds are available for men through partnership with the University Health Network at the Ossington Withdrawal Management Site.  1 bed for youth 16-24 is available through partnership with Eva's Satellite.	
Eligibility	16 years and older experiencing an acute mental health crisis  Must not be an immediate danger to themselves or others, or in need of detoxification	

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	Residency Requirements: Eglinton Ave (north) to Lake Ontario (south), Jane St (west) to Bayview Ave (east) * also Danforth Ave (north) to Lake Ontario (south), Bayview Ave (west) to Victoria Park Ave (east)	
Contact	24-hour Crisis Line call: 416-929-5200 Substance Use Crisis Team: 416-962-0220 Mobile Crisis Intervention and Follow-up team: 647-361-8333 Service Provider Referral Line: 416-929-0149	
_		
Agency	LOFT	
Address	15 Toronto Street , 9th floor Toronto, ON M5C 2E3	
Phone	416-979-1994	
Email	info@loftcs.org	
Website	www.loftcs.ca	
Programs & Services	Transitional Age Youth (TAY) Program  Community support and drop-in Harm reduction approach to substance use Peer mentoring Life skill development Safe sex supplies  Wilkinson House High, medium and low support housing options Independent and communal living Life skill support All gender identities are welcome  Ingles House High, medium and low support housing options Abstinence-based Individual support and advocacy Life skill development Case management (pre, during and post program support)  McEwan House Residence for individuals living with HIV or AIDS High support residence, staff on-site 24/7 Low support residence option available, no staff on-site Case management and counselling Social activities and outings All gender identities and sexual orientations Wheelchair accessible	

Eligibility	TAY Program- Ages 16-26 years Wilkinson- Ages 16-64 years Ingles House- Women ages 16-26 years McEwan House- Ages 16 + TAY Program – 416-822-3474	
Contact	Wilkinson Housing - 416-461-5629 ext. 21 Ingles House- 416-977-6250 McEwan House- 416-929-6228 ext. 223	
Agency	MOBYSS	
Address	Mobile Clinic (See website for current location)	
Phone	1-289-879-2376	
Email	MOBYSS@cmha-yr.on.ca	
Website	www.mobyss.ca	
Programs & Services	Physical Health  Walk-in style services Provide primary medical care services Offer referrals to access specialists  Mental Health Individual youth counselling Peer support Harm reduction approach to substance use  Sexual Health Safe sex supplies, education and counselling STI and pregnancy testing Cervical screening and pelvic exams	
Eligibility	Ages 12-25 years	
Contact	Online forum to save a spot in line! (https://cmha-yr.on.ca/programs/youth/mobyss/#save-my-spot)	
Agency	NATIVE CANADIAN CENTRE OF TORONTO	
Address	16 Spadina Road, Toronto, Ontario, M5R 2S7	

Phone	(416) 964-9087	
Email	Reception@ncct.on.ca	( <b>()</b>
Website	https://ncct.on.ca	
Programs & Services	<ul> <li>Youth Program</li> <li>Focuses on addressing youth mental health and addictions challenges</li> <li>Housing needs</li> <li>Offers youth employment training</li> <li>Provides cultural and recreational programming</li> <li>Educational support</li> <li>Physical supports</li> <li>Transitional Housing Support</li> </ul>	
Eligibility	N/A	
Contact	Youth Department: Amanda.andrews@ncct.on.ca	
Agency	RENASCENT	
Address	38 Isabella Street, Toronto, ONM4Y 1N1	
Phone	416-927-1202	
Email	info@renascent.ca	
Website	www.renascent.ca	
Programs & Services	Primary Care Addiction Treatment     Residential substance use treatment program (28-42 day)     12-step treatment model     Gender-specific drug and alcohol rehab     Group sessions     Individual counselling     Addiction experts available 24/7     Wide range of therapies including cognitive behavioral, solution-focused, mindfulness and art therapy     Medical advisement and support  Comprehensive Continuing Care     15-week ongoing support program following primary care     1-2 sessions per week with take-home assignments     Intensive relapse prevention education     Individual and group counselling	
Eligibility	Ages 16 + Comprehensive Continuing Care - Available to anyone who has completed Primary Care or other abstinent treatment provider.	
Contact	Toll free Crisis Line - 1-866-232-1212	Y

Agency	SHERBOURNE HEALTH CENTRE	
Address	333 Sherbourne Street Toronto, Ontario M5A 2S5	( <b>/L</b> _\)
Phone	416-324-5077	
Email	info@sherbourne.on.ca	
Website	www.soytoronto.org	
Programs & Services	SOY's Monday Night Drop-In  Basic needs assistance  Weekly activities  Harm reduction workshops and support  One-on-one advice, advocacy and referrals  SLGBTQ+ positive  Housing Assistance  Support for queer and trans youth  Exploring options and providing referrals	Harring to the state of the sta
Eligibility	Ages 29 and under	
Contact	Monday Night Drop In- (416) 324-4100 ext. 5339 Housing Coordinator- 416-324-5077	<b>3</b>
Agency	SICK KIDS HOSPITAL	
Address	555 University Avenue Toronto, Ontario M5G 1X8	( <b>/L</b> ,)
Phone	416-813-1500	
Website	www.sickkids.ca	
Programs & Services	Substance Abuse Treatment Program (Monday-Friday 9am-3pm)      8-20 week day program     Individual counselling     Assistance reducing or eliminating substance use     Academic program available for TDSB students     Daily treatment and like skill groups available     Ongoing access to support  Substance Abuse Outpatient Program     Outpatient counsellors provide short and long term individual counselling     Parent support program     Ongoing health assessment	

Eligibility	Ages 18 and under	
Contact	For general inquiries about the programme - 416-813-5097 For the Day Treatment programme - 416-813-8854	<b>3</b>
Agency	SISTERING	
Address	962 Bloor St West, Toronto, Ontario, Canada, M6H 1L6	( <u>Ł</u> )
Phone	416-926-9762	
Website	https://www.sistering.org	
Programs & Services	<ul> <li>24/7Drop-In</li> <li>Three hot meals, soup and sandwiches overnight</li> <li>Showers and laundry facilities</li> <li>Clothing and footwear</li> <li>Telephones, Internet access and mailing address</li> <li>Crisis intervention and trauma informed counselling</li> <li>Harm reduction support and supplies</li> <li>Peer support groups in English, Spanish, Cantonese and Mandarin</li> <li>Information, referral and accompaniment to social assistance, legal aid, doctors and other appointments</li> <li>Onsite access to primary healthcare with family physicians, psychiatrist and nurse</li> <li>Onsite access to a Settlement Worker</li> <li>Pet friendly</li> <li>Parkdale Drop-In</li> <li>Open five days a week and serves marginalized and senior women.</li> <li>The program also supports the specific needs of vulnerable newcomers and immigrant women.</li> <li>Provides breakfast and lunch</li> <li>Wellbeing workshops</li> <li>Individual case support</li> <li>Operates out of Masaryk Cowan Community Centre, 220 Cowan Ave.</li> </ul>	
Eligibility	Varies based on program Drop-In - 16+, Employment 18+	
Contact	Bloor St. Drop-In - 416-926-1946 Parkdale Drop In & Outreach Program - 416-588-3939	
Agency	ST. STEPHENS COMMUNITY HOUSE	

Address	<ul><li>(1) 1415 Bathurst St, Toronto, ON M5R 3H8</li><li>(2) 260 Augusta Ave, Toronto, ON M5T 2L9</li><li>(1) 416-531-4631</li></ul>	( <u>j</u>
Phone	(2) 416-964-8747	
Email	info@sschto.ca	
Website	www.sschto.ca	
Programs & Services	Harm Reduction	<b>S</b> C C C C C C C C C C C C C C C C C C C
Eligibility	TCAT - Ages 18+	
Contact	Harm Reduction and Relapse Prevention- 416-925-2103 x 2259 TCAT - 416-353-4331	
Agency	STREET HAVEN	
Address	87 Pembroke Street. Toronto, ON. M5A 2N9	(E)
Phone	416-967-6060	
Email	info@streethaven.com	
Website	www.streethaven.org	
Programs & Services	Grant House  10 bed, 6 month residential program Trauma-centered Individual support Group workshops	1

	Life skill development	
	Community Outreach Addiction Services      Harm reduction based     Individual counselling     Assistance accessing resources     Life planning support	
	<ul> <li>Supportive Housing Program</li> <li>High, medium and low support housing options</li> <li>Independent living</li> <li>Life skill development</li> <li>Community support</li> </ul>	
Eligibility	Women ages 18+	
Contact	Grant House- 416-960-9430	
Agency	STREET HEALTH	
Address	338 Dundas Street East Toronto, Ontario, M5A 2A1	(上)
Phone	416-921-8668	
Email	info@streethealth.ca	
Website	www.streethealth.ca	
	<ul> <li>Harm Reduction Distribution</li> <li>Offers safer drug kits for injection and smoking on site</li> <li>Outreach services are also available</li> <li>Kit-Making</li> <li>Safer drug use kit making</li> <li>Weekly group activity</li> <li>Informal peer support</li> </ul>	
Programs & Services	<ul> <li>Women's Drop-In*         <ul> <li>Harm reduction program facilitated for individuals engaged in sex work and/or substance use</li> <li>Peer support</li> <li>Individual Counselling</li> <li>Access to basic hygiene services e.g. food, shower, laundry</li> </ul> </li> <li>Drug Information Drop-In*         <ul> <li>Offering individuals who use substances access to basic hygiene services e.g. food, shower, laundry</li> <li>Harm reduction workers and nurses available for health care information and support</li> </ul> </li> </ul>	O Co

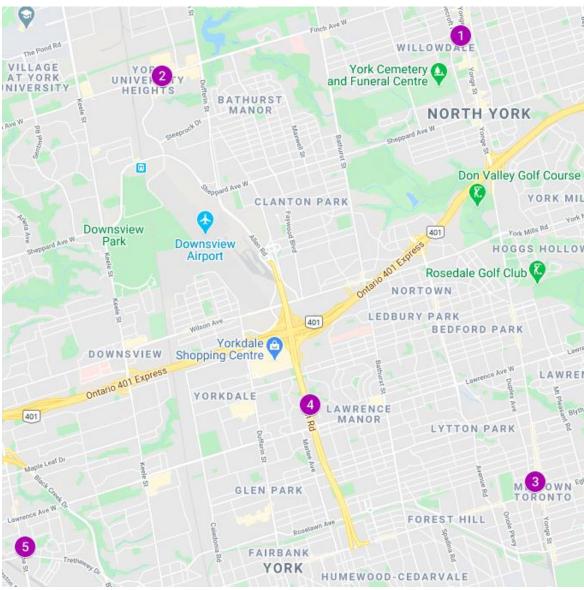
Eligibility	All ages	
Contact	Harm Reduction Coordinator- (416) 921-8668 ext. 269 *Drop-in Programs are held at Regent Park Health Centre 465 Dundas St. E	
Agency	THE SALVATION ARMY	
Address	160 Jarvis St, Toronto, ON M5B 2E1	
Phone	416-682-2503	
Email	intake@harbourlight.org   information@salvationarmyhomestead.org	
Website	www.torontoharbourlight.ca   www.salvationarmyhomestead.org	
Programs & Services	Harbour Light Program  36 bed residential program  Individual counselling Therapeutic groups Life skills classes In house AA, CA, MA and Double Recovery meetings Relapse prevention Medical care (nurse and visiting doctor) First-stage trauma treatment Discharge planning  Homestead Program Pre-program support Six-to-ten week residential or day program Individual and group counselling In house 12 step and relapse prevention classes Life skills development Aftercare community based programs  NOTE: While the Salvation Army is included in this list of potential resources for young people, it should be noted that this organization has been known to deny services to queer and trans folks on the basis of their identity/ies.  As with all resources in this guide, we encourage folks to consider whether or not these services will adequately address your needs before accessing them.	
Eligibility	Harbour Light- Male identified, Ages 18+ Homestead- Female identified, Ages 18+	
Contact	Harbour Light Intake- (416) 363-5496 ext. 2503 Homestead- 416-921-0953	

Agency	THE WORKS	
Address	277 Victoria St, Toronto, ON M5B 1W2 (Main office)	( ( 上、)
Phone	(416) 392-0520	
Website	www1.toronto.ca	
Programs & Services	Harm Reduction Supplies	
Contact	For a full list of all 50 partner agency locations, please visit the website!	*
Agency	TRANSITION HOUSE	
Address	162 Madison Ave, Toronto ON M5R 2S6	
Phone	416-925-4531	1
Email	info@thousetoronto.org	
Website	www.thousetoronto.org	401
Programs & Services	Residential Program	

Eligibility Contact Agency	<ul> <li>Individual counselling</li> <li>Case management</li> <li>Group activities</li> <li>Men ages 16+         All residents must have an outside primary counsellor     </li> <li>Admission forms are available online. Clients may self-refer.</li> <li>TURNING POINT YOUTH SERVICES</li> </ul>	
Address	95 Wellesley Street East, Toronto, ON, M4Y 2X9	( <u>E</u> )
Phone	416-925-9250	
Email	info@turningpoint.ca	
Website	www.turningpoint.ca	
Programs & Services	Counselling <ul> <li>Individual, group and family counselling</li> <li>Client-led goal planning</li> <li>Strengths-based approach</li> <li>Walk-in sessions available</li> </ul> <li>Residential Program         <ul> <li>Three residences</li> <li>Harm reduction based</li> <li>Youth workers on-site</li> <li>Individual counselling and support by a multidisciplinary service team</li> <li>Case management</li> <li>Life skills training and development</li> <li>Educational workshops</li> </ul> </li>	(E) (O) (E)
Eligibility	Counselling- Ages 12-24 years Residential Program- Ages 12-18 years	
Contact	Intake Coordinator- 416-925-9250, ext. 224	
Agency	YMCA	
Address	2200 Yonge St., Unit 300 Toronto, Ontario M4S 2C6	(5)
Phone	416-928-9622	
Programs & Services	www.ymcagta.org  Youth Substance Abuse Program  Individual counselling from a harm reduction perspective  Nonjudgmental support  Sprott House  LGBTQ2S residential program  25 bed residence	

	<ul> <li>Case management</li> <li>Outreach counselling</li> <li>Life skill and independent living support</li> </ul>	
Eligibility	Substance Abuse Program- Ages 14-24 years Sprott House- Ages 16-24 years	
Contact	Substance Abuse Program- 416-603-6366 7 Vanauley Street, Toronto, ON M5T 2V9  Sprott House- 647-438-8383 21 Walmer Road Toronto, ON M5R 2W7	

# North York/Midtown



- 1. Eva's (25 Canterbury Place)
- 2. Ontario Addiction Treatment Centre (1111 Finch Ave West)
- 3. Lumenus Community Services (40 Orchard View Blvd.)
- 4. Unison Health and Community Services Lawrence Heights (12 Flemington Road)
- 5. Unison Health and Community Services Jane-Trethewey (1541 Jane Street)

Agency	EVA'S
Address	25 Canterbury Place, Toronto, ON, M2N 0E3
Phone	416-229-1874 (INTAKE)
Email	info@evas.ca
Website	www.evas.ca

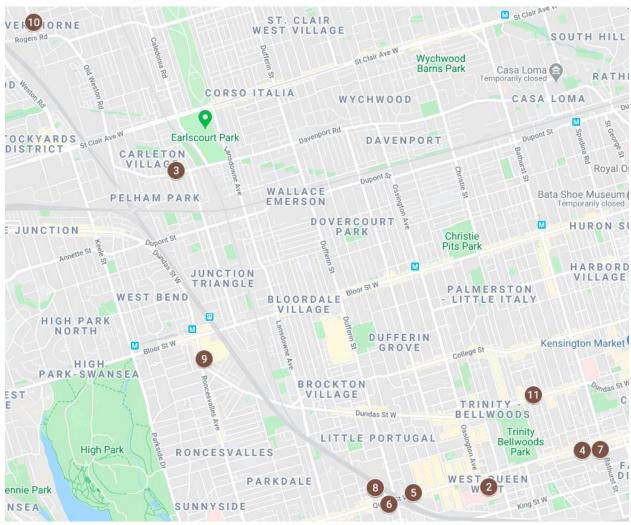
Programs & Services  Eligibility  Contact	Harm Reduction Program	
		S
Agency	ONTARIO ADDICTION TREATMENT CENTRES	i
Address	1194 Queen Street West, Toronto, ON 1950 Lawrence Ave East, Toronto, ON 1111 Finch Ave West, Toronto, ON, M3J2E5	5
Phone	905-773-3884	
Email	info@oatc.ca	1
Website	www.oatc.ca	
Programs & Services	Opioid Agonist Program (Monday + Thursday 9am-1pm)	

	<ul> <li>Post-methadone treatment (relapse prevention)</li> <li>Access to multidisciplinary treatment team</li> </ul>	0
	, tooses to mainaisonpilitary troument tourn	
Eligibility	Intake interview required.	
Contact	Bloor Street Site- 647-748-6282	S.
Agency	LUMENUS COMMUNITY SERVICES	
Address	40 Orchard View Blvd. Suite 255 Toronto, ON M4R 1B9	
Phone	416-482-0081	
Email	info@lumenus.ca	
Website	www.lumenus.ca	
Programs & Services	NOTE: As of June 2020, Lumenus Community Services is the amalgamation of the agencies previously known as Adventure Place, The Etobicoke Children's Centre, Griffin Centre, and Skylark Children, Youth & Families. The above contact information and below service descriptions only apply for the services provided by the former Skylark Children, Youth & Families (40 Orchard View Blvd, 255 Wellesley St. E.). In the coming months, this guide will be updated to reflect Lumenus' growing service offerings.  Counselling*  Individual, family, group counselling  Case management  Client advocacy  Referrals to community resources  Walk-in sessions available 5 days a week (no appointment required)  SESSIONS  30 hour drug education program  No judgment and no fear tactic approach to education  Engage in conversations about the benefits and harms of substance use  Think critically about decision-making, attitudes and beliefs related to drugs and drug use  Receive volunteer hours for completion of program  Residential Program(s)  Supportive residence for young people struggling with social barriers, mental health and substance use  Substance-free environment  Narrative therapy approach	

	Group participation     Life skill development	
	The STUDIO      Drop-in space for youth     Social environment with youth workers on-site     Informal counselling     Referrals to community resources     Safe sex supplies	
Eligibility	Ongoing Counselling- Ages 0-18 years Walk-in Counselling- Ages 0-24 years SESSIONS- Ages 13-24 years Residential Programs- Ages 14-18 years	
Contact	SESSIONS- jrovet@lumenus.ca For residential programs, contact Centralized Access to Residential Services (CARS) 416 395 0660. *Ongoing and walk-in counselling is also available at the downtown location - 65 Wellesley Street East, Suite 500 Toronto, ON M4Y 1G7.	
Agency	UNISON HEALTH AND COMMUNITY SERVICES	
Address	Lawrence Heights - 12 Flemington Road, Toronto, ON M6A 2N4 Jane-Trethewey - 1541 Jane Street, Toronto, ON M9N 2R3 Keele-Rogers - 1651 Keele Street, Toronto, ON M6M 3W2	
Phone	Lawrence Heights - 416-787-1661  Jane-Trethewey - 416-645-7575  Keele-Rogers - 416-653-5400	
Website	unisonhcs.org	
Programs	Harm Reduction Drop-In (Lawrence Heights, Jane-Trethewey, Keele-Rogers)  • Anonymous, no registration program  • For safer drug use kits/supplies, safer sex supplies, naloxone kits, education, referrals and support.  Harm Reduction Kit Making (Lawrence Heights, Keele-Rogers)  • Opportunity for service users to put together harm	O C

	Harm Reduction Outreach Program (Lawrence Heights)  • For individuals who wish to work as community outreach workers or who would like to participate in training events for drug users in the community.
	<ul> <li>WestReach</li> <li>Mental health and substance use counselling</li> <li>Nutrition education</li> <li>8-10 brief one to one and/group counselling services</li> <li>Coordinated care management</li> <li>Goal-focused plans based on the recovery and harm reduction models</li> <li>Extensive internal and external community referrals</li> </ul>
Eligibility	WestReach - Residents of Rockliffe-Smythe, referral by family physician
Contact	Drop-in (Jane-Trethewey): 647-884-0684 Drop-in (Keele-Rogers): 647-999-3094 Drop-in (Lawrence Heights): 647-268-5321 Kit Making and Meal Program: 416-787-1676 ext. 3278 WestReach: 416-645-7575 Ext. 2050

### **West End**



- 1. Breakaway Addiction Services (21 Strickland Ave) ALSO Pieces to Pathways
- 2. Centre for Addiction and Mental Health (1001 Queen Street West)
- 3. Edgewest (1900 Davenport Road)
- 4. Florence Booth House (723 Queen St West)
- 5. Ontario Addiction Treatment Centre (1194 Queen Street West)
- 6. Parkdale Queen West CHC Parkdale Site (1229 Queen Street West)
- 7. Parkdale Queen West CHC Queen West Site (168 Bathurst Street)
- 8. Pieces to Pathways (21 Strickland Ave.) ALSO Breakaway
- 9. Regeneration Community Services (2238 Dundas St W)
- 10. Unison Community Services Keele-Rogers (1651 Keele Street)
- 11. Women's Own (892 Dundas St W)

Agency	BREAKAWAY ADDICTION SERVICES
Address	21 Strickland Ave, Toronto, ON M6K 3E6
Phone	416-537-9346

Email	breakaway@breakawayaddictions.ca	
Website	www.breakawayaddictions.ca	
Programs & Services	Family & Youth Initiative	
Eligibility	Eligibility varies, see above and website for most current criteria	
Contact	Family & Youth Initiative - 416-537-9346 x225 Opiate Treatment Clinic - 416-537-9346 x1 Toronto Opiate Support Team - 416-910-7908 (For youth) To call collect - 416-537-3224	
Agonov	CENTRE FOR ADDICTION AND MACNITAL LIFALT!	
Agency	CENTRE FOR ADDICTION AND MENTAL HEALTH  1001 Queen Street West	( <u>i</u>
Address	30, 40, 50 and 60 White Squirrel Way 100 and 101 Stokes Street 80 Workman Way	
Phone	(416) 535-8501	
Email	info@camh.ca	
Website	www.camh.ca	
Programs & Services	Alcohol Research and Treatment Clinic (ARTC)  • Medically assisted abstinence based program	

	<ul><li>Outpatient medical withdrawal management</li><li>Individual counselling</li></ul>	
	Day Detox (8:30am-mid-afternoon)	
	<ul><li>Relapse prevention</li><li>Medical withdrawal management</li></ul>	
	Wildiaa Williamaya management	
	Concurrent Addictions Inpatient Treatment Service (CAITS)	
	<ul> <li>10 -14 day residential program</li> <li>Addiction assessment and intervention</li> </ul>	
	Admission based on clinical need	
	Rainbow Services (LGBTQ)	(3)
	Individual counselling and substance use support	Y <sup>o</sup>
	<ul><li>Group therapy</li><li>14-day residential program</li></ul>	
	Free and confidential services	
	Aboriginal Services	
	Holistic approach to care	
	<ul> <li>Group and individual counselling</li> <li>Treatment team includes an Elder/Traditional healer</li> </ul>	
	Offers cultural programming and ceremonies	
	Substance Abuse Program for African Canadian and Caribbean Youth (SAPACCY)	
	<ul> <li>Support program for African and Caribbean youth and their families</li> </ul>	
	Mental health and addictions counselling	
	Connection to community resources	
	Youth Addiction & Concurrent Disorders Service	
	Harm reduction approach to substance use  Additional and group assume allies.	
	<ul><li>Individual and group counselling</li><li>Case management</li></ul>	
	Family support and education	
	Vouth Sarvices Ages 14 24 years	
Eligibility	Youth Services - Ages 14-24 years Rainbow Services - Ages 18+	
	Day Detox - 416-595-6019	
Contact	Youth - 416-535-8501 x2, fax - 416-979-4272	
	SAPACCY - Fax online referral form to 416-979-6815	
Agancii	FDCFWECT	
Agency	4000 Daysan art David Taranta ON MON 4D7	
Address	1900 Davenport Road, Toronto, ON, M6N 1B7	
Phone	416-652-4363	

Website	http://www.edgewest.ca	
Programs	Primary Care	
& Services	Legal Aid	
Eligibility	Stephens Community House Employment Services.  Youth 13 to 29 years old who live in the catchment area (below)  Residency Requirements: Programmes are open to anyone living south of Eglinton Ave, north of Bloor St, East of Islington Ave, and west of Bathurst St.	0
Contact	416-652-4363	S.
Agency	FLORENCE BOOTH HOUSE	
Address	723 Queen St West, Toronto, ON M6J 1E6	(5)
Phone	416-603-9800	
Website	www.florenceboothhouse.com	
Programs & Services	<ul> <li>Emergency Housing</li> <li>60 bed residence</li> <li>Individual counselling</li> <li>Like skills development</li> <li>Basic Needs</li> <li>Crisis intervention</li> <li>Client advocacy</li> <li>Housing support</li> <li>Recreational activities</li> </ul>	
Eligibility	Women ages 16+	
Contact	Hostel Manager- 416-603-9800 ext 225	

Agency	ONTADIO ADDICTION TREATMENT CENTRES	
Agency	ONTARIO ADDICTION TREATMENT CENTRES  1194 Queen Street West, Toronto, ON 1950 Lawrence Ave East, Toronto, ON 1111 Finch Ave West, Toronto, ON, M3J2E5	<u>(</u> E)
Phone	905-773-3884	
Email	info@oatc.ca	(1)
Website	www.oatc.ca	
Programs & Services	Opioid Agonist Program (Monday + Thursday 9am-1pm)  Methadone and Suboxone maintenance programs  Daily doses  Addiction counselling  Regular medical follow-ups  Post-methadone treatment (relapse prevention)  Access to multidisciplinary treatment team	<u>S</u>
Eligibility	Intake interview required.	
Contact	Bloor Street Site- 647-748-6282	
Agency	PARKDALE QUEEN WEST COMMUNITY HEALTH CENTRE - Parkdale Site	( <u>i</u>
Address	1229 Queen W Toronto, ON Canada, M6K 1L3 (Parkdale Site)	
Phone	416-537-2455 (Parkdale Site)	
Email	info@pchc.on.ca	
Website	www.pqwchc.org	
Programs & Services	<ul> <li>Harm Reduction Drop-In (See website for varying hours)</li> <li>Peer Support</li> <li>Provides safer sex and substance use supplies</li> <li>Information regarding HIV/AIDS, Hep C and sexual health</li> <li>Referrals to community services</li> </ul>	(EST)

# Counselling

- Trauma-informed individual counselling
- Modes of practice include; CBT, narrative therapy, harm reduction and mindfulness

## Hepatitis C Program

 Provides support testing and treatment for people living with Hepatitis C

#### **KAPOW**

- Weekly program for women-identified people who do sex work and/or use substances
- Harm reduction based, sex positive, trans-inclusive, peersupported drop-in
- Peer led activities and educational workshops
- Multidisciplinary team available for support (social worker, nurse practitioner, harm reduction worker)

## Kit Making Group

- Safer injection and crack pipe kit making
- Weekly group activity
- Informal peer support
- TTC tokens and food provided

#### Street Outreach

- Peer workers deliver safer sex and drug use materials
- Provide information about community resources and basic support services
- Testosterone/steroid kits and basic hygiene supplies are also available

# Anonymous HIV Testing

- Free and confidential service
- Pre and post-test counselling available

## Harm Reduction Rooms (See website for varying hours)

- Needle exchange and distribution
- Referrals to community services
- Provides harm reduction kits and safe sex supplies

# Supervised Consumption Services

 A safer place for people to legally use drugs, while supervised by experienced harm reduction and health workers

















	Provides harm reduction supplies, substance use and	
	overdose response education, as well as, other supports as needed	
Eligibility	Counselling - Ages 16+ Outreach services deliver within Parkdale community	
Contact	Harm Reduction Program (Parkdale): 416-537-2455 x 1271 Harm Reduction Drop-In & Kit Making - 416-537-2455 ext. 271 Hepatitis C (Parkdale): 416-537-2455 Outreach and Satellite (Parkdale): 647-825-4327 KAPOW - 416-537-2455 ext. 361	
Agency	PARKDALE QUEEN WEST COMMUNITY HEALTH CENTRE - Queen West Site	( <b>Ė</b> )
Address	168 Bathurst St, Toronto, ON M5V 2R4 (Queen West Site)	
Phone	416-703-8480 (Queen West Site)	
Email	N/A	
Website	www.pqwchc.org	
Programs & Services	<ul> <li>Niiwin Wendaanimak (Four Winds)</li> <li>An Indigenous-only space in a non-Indigenous organization</li> <li>Access to healing ceremonies, health education, primary care, harm reduction services, and social recreation activities</li> <li>Youth Drop-In (Wednesdays 4-6pm)</li> <li>Individual counselling</li> <li>Support accessing community services</li> <li>Hepatitis C Program</li> <li>Provides support testing and treatment for people living with Hepatitis C</li> <li>Anonymous HIV Testing</li> <li>Free and confidential service</li> <li>Pre and post-test counselling available</li> <li>Supervised Consumption Services</li> <li>A safer place for people to legally use drugs, while supervised by experienced harm reduction and health workers</li> <li>Provides harm reduction supplies, substance use and overdose response education, as well as, other supports as needed</li> </ul>	

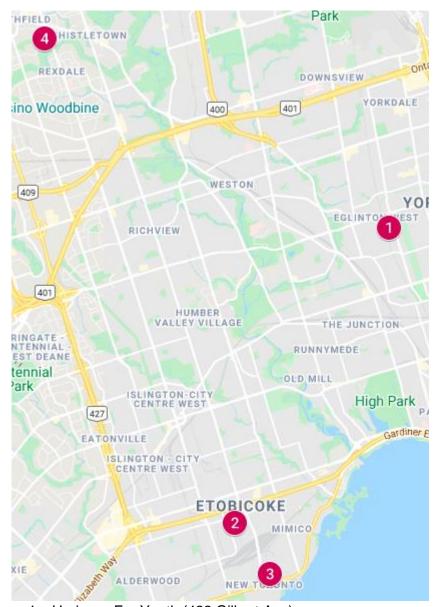
Eligibility	<ul> <li>TRIP!</li> <li>Youth-led harm reduction service</li> <li>Providing safer sex and drug use supplies to the dance music and rave scenes</li> <li>Offers harm reduction education and workshops</li> <li>Individual support and counselling</li> <li>Texting service available (647-822-6435)</li> <li>Harm Reduction Program (Queen West): 416-804-8482 x 2322</li> <li>Niiwin Wendaanimak (Four Winds): 416-703-8482 x 2426</li> <li>Hepatitis C Program (Queen West): 416-804-8482 x 2322</li> <li>Supervised Consumption Services (Queen West): 416-703-8280</li> </ul>	<b>%</b>
	x 2104 TRIP!: 416-804-8482 x 2125 Outreach and Satellite (Queen West): 416-804-7527	
Ageney	DIFCES TO DATINAVAVS	
Agency Address	PIECES TO PATHWAYS  21 Strickland Ave, Toronto, ON M6K 3E6	( <u>,</u> <b>L</b> )
Phone	647-209-2043 (call or text)	
Email	p2pinfo@breakawayaddictions.ca	
Website	https://www.breakawayaddictions.ca/p2p	
Programs & Services	Substance Use Support Group  Peer-lead initiative for LGBTTQQ2SIA youth Intended for those who are interested in reducing or minimizing harms of their substance use  8 week program Food and tokens provided  Community Drop-In Harm reduction support Informal support for queer and trans youth  Case Management Community support for queer and trans youth	
Eligibility	LGBTTQQ2SIA ages 16- 29 years	
Contact	To call collect - Dial 0, follow the prompts to make a collect call, then dial 416-537-3224.	

		Suffant
Agency	REGENERATION COMMUNITY SERVICES	
Address	2238 Dundas St W, Toronto, ON M6R 3A9	( <u>E</u> )
Phone	(416) 703-9645	
Email	hross@regenerationcs.org	
Website	www.regenerationcs.org	
Programs & Services	<ul> <li>Addictions Supportive Housing Program</li> <li>Housing-first, harm reduction model</li> <li>80 subsidized housing units</li> <li>Case management by TCAT &amp; Breakaway Addiction Services</li> <li>Harm reduction supplies</li> <li>Connection to community support services</li> </ul> Art Manuel House <ul> <li>Shared housing environment</li> <li>Managed Alcohol Program based on harm reduction</li> <li>High support option for individuals with chronic alcoholism</li> <li>24 hour access to support workers</li> <li>Doctor on-site once per week for medical care</li> </ul>	
Eligibility	Ages 19+	
Contact	416- 640-1934	
Agency	UNISON HEALTH AND COMMUNITY SERVICES	
Address	Lawrence Heights - 12 Flemington Road, Toronto, ON M6A 2N4 Jane-Trethewey - 1541 Jane Street, Toronto, ON M9N 2R3 Keele-Rogers - 1651 Keele Street, Toronto, ON M6M 3W2	
Phone	Lawrence Heights - 416-787-1661 Jane-Trethewey - 416-645-7575 Keele-Rogers - 416-653-5400	
Website	unisonhcs.org	
Programs & Services	Harm Reduction Drop-In (Lawrence Heights, Jane-Trethewey, Keele-Rogers)  • Anonymous, no registration program  • For safer drug use kits/supplies, safer sex supplies, naloxone kits, education, referrals and support.  Harm Reduction Kit Making (Lawrence Heights, Keele-Rogers)	British

	<ul> <li>Opportunity for service users to put together harm reduction kits and learn about what is in the packages.</li> <li>Volunteers in this program receive compensation for their time.</li> <li>WestReach</li> <li>Mental health and substance use counselling</li> <li>Nutrition education</li> </ul>	<u>O</u>
	<ul> <li>8-10 brief one to one and/group counselling services</li> <li>Coordinated care management</li> <li>Goal-focused plans based on the recovery and harm reduction models</li> <li>Extensive internal and external community referrals</li> </ul>	
Eligibility	WestReach - Residents of Rockliffe-Smythe, referral by family physician	
Contact	Drop-in (Keele-Rogers): 647-999-3094 Kit Making and Meal Program: 416-787-1676 ext. 3278 WestReach: 416-645-7575 Ext. 2050	
Agency	WOMEN'S OWN	<b>√i</b>
Address	892 Dundas St W. Toronto, ON M6J 1W1	£
Phone	416-392-9281	
Website	www.uhn.ca/MCC/Clinics/Women_Withdrawal_Management Substance Abuse Treatment Centres	O \
	<ul> <li>Abstinence based treatment</li> <li>Individual and group therapy</li> </ul>	
	Opiate Addiction Treatment Center  • Medical detox and subsequent medical support  • Individual therapy	<b>)</b>
Programs & Services	Alcoholism Treatment Center  Relapse prevention Recovery focused Program based on AA and 12 step models	
	Community Case Management      Detoxification support     Accompaniment to appointments     Referrals to community support services	
	Access to group and individual counselling	

Contact	Community Support- 416-568-4907	
	Residential- 416-603-1462	

# **Etobicoke**



- 1. Horizons For Youth (422 Gilbert Ave)
- 2. Jean Tweed Centre (215 Evans Ave)
- 3. LAMP Community Health Centre (185 Fifth St)
- 4. Youth Without Shelter (6 Warrendale Court)

Agency	HORIZONS FOR YOUTH	
Address	422 Gilbert Avenue Toronto, Ontario M6E 4X3	
Phone	416-781-9898	
Email	info@horizonsforyouth.org	
Website	www.horizonsforyouth.org	

	Day Program  Life skills development  Educational workshops	(E)
	Access to support services	
Programs & Services	Mental Health & Addictions Support	
Eligibility	Ages 16-24 years	
Contact	Operations Manager- 416-781-9898 ext. 33	
Agency	JEAN TWEED CENTRE	
Address	215 Evans Ave, Etobicoke, ON M8Z 1J5	
Phone	416-255-7359	
Email	info@jeantweed.com	(i)
Website	www.jeantweed.com	Į.
	<ul> <li>Residential &amp; Day Program</li> <li>3 week intensive program available as a day or residential program</li> <li>Individual and group counselling</li> <li>Program themes include; self- esteem, healthy relationships, managing emotions, safe coping skills etc.</li> <li>Residence offers therapeutic environment and offers evening wellness activities</li> </ul>	
Programs & Services	Individual Counselling <ul> <li>3-6 month program</li> <li>Weekly appointments</li> <li>Individual goal planning</li> </ul> <li>Palmerston House         <ul> <li>Transitional housing environment for women and mothers working on substance use related goals</li> <li>Counselling and support</li> <li>Structure relapse prevention</li> <li>Information and referrals to external support services</li> <li>Conflict resolution</li> <li>Housing support</li> <li>Parenting skill development (for mothers)</li> </ul> </li>	**

Eligibility	Palmerston House - Women ages 18-50 years	
Contact	Palmerston House - 416-532-0336	
	455 Palmerston Blvd. Toronto, Ontario, M6G 2N9	
Agency	LAMP COMMUNITY HEALTH CENTRE	
Address	185 Fifth St Etobicoke South, Toronto, ON, M8V 2Z5	
Phone	416-252-6471	
Email	feedback@lampchc.org	
Website	www.lampchc.org	
Programs & Services	<ul> <li>Regular street outreach</li> <li>Supply distribution</li> <li>Kit making</li> <li>Safe disposal of supplies</li> <li>Condom distribution</li> <li>Sex worker supports</li> <li>Drug and drug use information</li> <li>Harm Reduction Program</li> <li>Provides workshops for people who use drugs, their allies, and service provider</li> <li>Peer-based services and support</li> <li>Volunteer opportunities</li> <li>Referrals both within LAMP and in the community</li> <li>Regular HIV and Hep C testing days</li> <li>Methadone/Suboxone clinic</li> </ul>	
Eligibility	Residency Requirements: Etobicoke south of The Queensway *some programs may have extended catchment areas	
Contact	N/A	
Agency	YOUTH WITHOUT SHELTER	
Address	6 Warrendale Court, Etobicoke, ON, Canada, M9V 1P9	
Phone	416-748-0110	
Email	communications@yws.on.ca	
Website	https://www.yws.on.ca	
Programs & Services	<ul> <li>Emergency shelter</li> <li>Capacity 33</li> <li>Counselling</li> <li>Life skills development for residents and former residents</li> <li>Referrals</li> <li>Education and recreation activities</li> <li>Advocacy</li> </ul>	